



Asbury Theological Seminary Syllabus

DM(SDL) 917A: Seminar Three: An Introduction to the Art & Discipline of Individual Spiritual Direction

2.00 Credit Hours

Extended Learning/Online course

2021 Fall Session/Sep 7, 2021 – Dec 17, 2021

PROFESSOR INFORMATION

Name: Dr. Stephen (Steve) Martyn

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COURSE DESCRIPTION

DM(SDL)917A & B will introduce students to the art and discipline of *individual* spiritual direction. This course will apply the Christian anthropology of Adrian van Kaam and the insights of Formative Spirituality to provide students with a beginning understanding of the dynamic processes of individual direction. Private formation guidance will be distinguished from professional clinical counseling and will be viewed as temporary verses long-term in order to avoid inordinate dependence upon directors. The course will focus upon equipping students to foster the unique-communal call upon the lives of those they are called to direct. Topics such as prayerful formative listening, direction within an anthropological matrix, reliance upon consonant faith and form traditions, and abandonment in faith, hope, and love to God will be covered. In addition, common pitfalls of private spiritual direction will be discussed. Students will enter into spiritual direction sessions with each other and will create verbatims from those sessions.

PROGRAM LEARNING OUTCOMES

By the time students complete Asbury's D.Min. program, they will be able to:

PLO 1:

Practice Christian dispositions and habits in community for faithful living.

- D.Min. cohorts are immersed in community-based formation around the priorities of scripture, tradition, reason, and experience.

PLO 2:

Integrate leadership vision, ethic, and practice contextualized to their ministry setting.

- By methodically analyzing a specific ministry issue, D.Min. students contribute to the understanding of the practice of ministry.

PLO 3:

Reflect biblically, theologically, and culturally as a lifelong learner and leader in ministry.

- Students deepen their capacities for biblical, theological, and cultural exegesis as foundations for 21st century ministry around the world.

REQUIRED STUDENT LEARNING OUTCOMES

By the end of DM(SDL)917A, students will have a *developing* ability to:

1. Apply the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction. (PLO #2)
2. Articulate foundational dynamics of one-on-one spiritual direction. (PLO #1)
3. Identify the challenges of one-on-one spiritual direction. (PLO #3)

COURSE INTRODUCTION



Welcome to **An Introduction to the Art & Discipline of Individual Spiritual Direction!** The information below provides an introduction to your faculty.

Rev. Stephen L. Martyn, Ph.D. Dr. Martyn is Associate Professor of Spiritual Formation at Asbury Theological Seminary in Wilmore, Kentucky in the United States and an Elder in the Kentucky Annual Conference of the United Methodist Church. Prior to coming to Asbury Seminary in 2004, Steve served pastorates in Northwest Texas, Pennsylvania, New Mexico and Kentucky. He also served for two years as the first Director of Spiritual Formation for the Kentucky Annual Conference of the United Methodist Church.

Steve was born in Midland, Texas and raised in Quanah, Texas. He is a graduate of McMurry University, Asbury Theological Seminary, and received his Ph.D. in Spiritual Formation from Duquesne University in Pittsburgh, Pennsylvania.

In addition to his extensive leadership within four different Annual Conferences of the United Methodist Church, Steve has served in a multiplicity of settings in the United States and abroad through conferencing, teaching, writing and preaching in the areas of lay and clergy spiritual formation.

Steve is committed to reclaiming classic ecclesiology along with Wesleyan theology and spiritual formation processes for the worldwide church today. He is married to Diane Moore, and together they are blessed with three wonderful children and their spouses along with nine grandchildren. Steve is an avid outdoorsman.

REQUIRED TEXTBOOKS

Muto, Susan and Adrian van Kaam. *The Dynamics of Spiritual Direction: The Three Main Modes of Discovering Our Life Call Under the Guidance of the Holy Spirit*. Epiphany Association, 2003. (454 pages)

\$40.00 ISBN: 1-880982-27-7

Muto, Susan and Adrian van Kaam. *Formation Theology: Volume Three: Formation Of The Christian Heart*. Epiphany Association, 2006. (262 pages)

\$30.00 ISBN: 1-880982-35-8

Muto, Susan and Adrian van Kaam. *Growing Through the Stress of Ministry*. Epiphany Association, 2005. (93 pages)

\$8.00 Paperback, ISBN: 1-878718-96-7

Van Kaam, Adrian. *Formative Spirituality Volume Two: Human Formation*. Epiphany Association, 2011. (271 pages)

\$30.00 Hardback, ISBN: 1-880982464-0

Van Kaam, Adrian. *Formative Spirituality Volume Three: Formation of the Human Heart*, 2002. (406 pages)

\$30.00 Hardback, ISBN: 1-880982-22-6

Van Kaam, Adrian. *Formative Spirituality Volume Seven: Transcendence Therapy*. Epiphany Association, 2004. (274 pages)

\$30.00 Hardback, ISBN: 1-880-982-31-5

Van Kaam, Adrian. *The Roots of Christian Joy*. Epiphany Association, 1985. (219 pages)

\$10.00 Paperback, ISBN: 0-87193-242-3

Total pages: **1,979**

ASSIGNMENTS AND RUBRICS OR EVALUATION CRITERIA

To successfully complete this class, students must satisfactorily complete and submit all assignments on time and actively participate and contribute to the learning community.

1. One-On-One Spiritual Direction Practicum, Part 1 (50 points)

Due Date: October 16, 2021

Points/Percentage: 50

Learning Outcome: 1, 2, 3

The Art & Discipline of Listening and Reviewing

Reading/Study/Viewing

Review *Understanding Our Story* (from your DM[SDL]915A & B course). Please be thoroughly familiarized with the chart on page 27 and know every element of the Dimensions. In like manner, please know the chart on page 14 and understand all of the elements of the Field. Review and know The Integrating Structures in chapter 3.

Please read: *The Dynamics of Spiritual Direction: The Three Main Modes of Discovering Our Life Call Under the Guidance of the Holy Spirit*. Pay special attention to the section covering direction in private (one-on-one) spiritual direction.

Please also read: *Formative Spirituality Volume Two: Human Formation*, and *Growing through the Stress of Ministry*. Volume Two of *Formative Spirituality* will take you into a deep dive into the human heart and its enduring dispositions. As doctors of the heart, it is important that we understand the interior levels of the spiritual heart.

View and take notes on the Teaching Videos posted in Part 1. Special attention will be given in this first segment to the art and discipline of *listening* and *reviewing*.

Direction in Private (One-On-One Direction Sessions)

Students will be assigned one-on-one direction partners from within the class. Each partner will serve as a spiritual director for the other. Each student will serve as a spiritual director and will record a 20-minute direction in private session. These audio recordings

will be kept password protected and will not divulge the full name or location of the directee. All audio recordings will be deleted by the end of the semester.

Following directions delivered by the professor via teaching segments in Module 1 of Canvas for DM(SDL) 917A, Fall 2021, each student will create a partial verbatim of their direction session of 5 (five) single-spaced pages with one space between paragraphs. A verbatim is a word for word typed document of a portion of the actual direction session.

Connecting Assigned Readings to One-On-One Sessions

After the five-page verbatim, each student will then create an additional 3 (three) page document in which they interact with the assigned readings for the module and how those readings informed their direction session. This additional document will continue in a single-spaced format with one space between paragraphs. The purpose of this 3-page extension is to connect readings with the practical experience of one-on-one direction.

Special emphasis in this first direction session will be placed on *active listening* and on *accurate reflection* of the actual language of the directee. The instructional videos will explain and demonstrate this in detail.

2. One-On-One Spiritual Direction Practicum, Part 2 (50 points)

Due Date: December 6, 2021

Points/Percentage: 50

Learning Outcome: 1, 2, 3

The Art & Discipline of Listening, Reviewing & Framing

Reading/Study/Viewing

Please read: *Growing through the Stress of Ministry*. The small text on stress will be a gift to you in terms of understanding consonant dynamics of moving through inevitable times of stress in life and ministry and it will help you in your direction for others.

Please also read: *Formative Spirituality Volume Three: Formation of the Human Heart*, 2002. In this volume by Fr. van Kaam, please note not only the dispositions of the human heart, but also his sections on social presence. Then closely cover his final section on “Formation Counseling and Social Presence.”

View and take notes on the Teaching Videos posted in Part 2. Special attention will continue in this second segment on the art and discipline of *listening and reviewing*. In addition, a new facet of “framing” will be added.

Direction in Private (One-On-One Direction Sessions)

Following directions delivered by the professor via teaching segments in Module 2 of Canvas for DM(SDL) 917A, Fall 2021, each student will conduct a second direction session with their assigned colleague (we will continue the same pairing of students throughout our academic year). Each student will then create a partial verbatim of their direction session of 5 (five) single-spaced pages.

In this second direction session, special emphasis will continue on *active listening* and

accurate reflection. In addition, students will make an initial effort to respectfully *frame* some of what they are hearing in their directee’s story. The instructional videos will explain and demonstrate this in detail.

Connecting Assigned Readings to the One-On-One Direction Sessions

After the five-page verbatim, each student will then create an additional 3 (three) page document in which they interact with the assigned readings for the module and how those readings informed their direction session. This additional document will continue in a single-spaced format with one space between paragraphs. The purpose of this 3-page extension is to connect readings with the practical experience of one-on-one direction.

Grading for this assignment will include viewing all required videos.

Assignments				
Assignment Description	SLO	Method of Assessment	Value /Due Date	Evaluator
Assignment #1: One-on-One Spiritual Direction Practicum, Part 1	1, 2, & 3	<u>Verbatim paper:</u> 5 pages, single-spaced (one space between paragraphs), Times New Roman, 12-pt font <u>Connecting paper:</u> 3 pages, single-spaced (one space between paragraphs), Times New Roman, 12-pt font	50% Due Date: 10/16/2021. Upload to online classroom.	Faculty
Assignment #2: One-on-One Spiritual Direction Practicum, Part 2	1, 2, & 3	<u>Verbatim paper:</u> 5 pages, single-spaced (one space between paragraphs), Times New Roman, 12-pt font <u>Connecting paper:</u> 3 pages, single-spaced (one space between paragraphs), Times New Roman, 12-pt font	50% Due Date: 12/6/2021. Upload to online classroom.	Faculty

Student Learning Outcomes	Method of Assessment	Exemplary=4	Accomplished=3	Developing=2	Beginning=1	Evaluator
SLO #1: Apply the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction.	One-on-One Spiritual Direction Practicum, Part 1 One-on-One Spiritual Direction Practicum, Part 2	<i>Applies, at an exemplary level, the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction.</i>	<i>Applies, at an accomplished level, the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction.</i>	<i>Applies, at a developing level, the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction.</i>	<i>Applies, at a beginning level, the Christian anthropology of Adrian van Kaam in one-on-one spiritual direction.</i>	Faculty
SLO #2: Articulate foundational dynamics of one-on-one spiritual direction.	One-on-One Spiritual Direction Practicum, Part 1 One-on-One Spiritual Direction Practicum, Part 2	<i>Articulates, at an exemplary level, foundational dynamics of one-on-one spiritual direction.</i>	<i>Articulates, at an accomplished level, foundational dynamics of one-on-one spiritual direction.</i>	<i>Articulates, at a developing level, foundational dynamics of one-on-one spiritual direction.</i>	<i>Articulates, at a beginning level, foundational dynamics of one-on-one spiritual direction.</i>	Faculty
SLO #3: Identify the challenges of one-on-one spiritual direction.	One-on-One Spiritual Direction Practicum, Part 1 One-on-One Spiritual Direction Practicum, Part 2	<i>Identifies, at an exemplary level, the challenges of one-on-one spiritual direction.</i>	<i>Identifies, at an accomplished level, the challenges of one-on-one spiritual direction.</i>	<i>Identifies, at a developing level, the challenges of one-on-one spiritual direction.</i>	<i>Identifies, at a beginning level, the challenges of one-on-one spiritual direction.</i>	Faculty

Attendance/Participation: To progress satisfactorily and achieve learning outcomes in this class, students must meet the course requirements. Students are responsible for notifying instructors of the reason for any absences as soon as possible and are accountable for all assignments. Makeup quizzes or exams are generally not permitted unless previously arranged with the instructor. Each faculty member will provide a written attendance policy for each class and also go over that policy on the first day of class for the course. Refer to the ATS Student Handbook for additional information regarding attendance policies and excused absences.

Late Assignments: Any assignment submitted after the due date and time will be reduced two numerical points for every day late. For example, two days late would reduce the grade from a 90 to an 86, unless the student talks to the professor ahead of time and receives permission to turn in the assignment late, based upon a legitimate excuse (such as illness).

Format of Papers: Students must use MLA academic style for completing papers; this is also the required style for your dissertation.

INCOMPLETE WORK POLICY

Incomplete Work: “A grade of ‘I’ denotes that course work has not been completed due to an unavoidable emergency. Delinquency or attending to church work or other employment does not constitute an unavoidable emergency. Without an approved ‘I,’ a letter grade will be recorded based on grades received for completed work and an ‘F’ grade assigned to incomplete work” (ATS 2015-16 Student Handbook, page 67).

Letter	Lowest	Highest
A	94.00%	100.00%
A-	90.00%	93.99%
B+	87.00%	89.99%
B	84.00%	86.99%
B-	80.00%	83.99%
C+	77.00%	79.99%
C	74.00%	76.99%
C-	70.00%	73.99%
D+	67.00%	69.99%
D	64.00%	66.99%
D-	60.00%	63.99%
F	0.00%	59.99%

The unit of credit is a semester hour, which is defined as one hour of classroom work per week for one semester, or its equivalent. The 4.00 point system is used to compute grade point standing. The grading system is:

GRADE	EVALUATION CRITERIA
A	Exceptional work: surpassing outstanding achievement of course objectives
B	Good work: strong, significant achievement of course objectives
C	Acceptable work: basic, essential achievement of course objectives
D	Marginal work: inadequate, minimal achievement of course objectives
F	Unacceptable work: failure to achieve course objectives

GRADING

Assignment	Weight/Point Value
One-on-One Spiritual Direction Practicum, Part 1	50
One-on-One Spiritual Direction Practicum, Part 2	50
	Total: 100

CANVAS (LEARNING MANAGEMENT SYSTEM)

Canvas is the learning management system used for Asbury seminary classes. Log into <http://connect.asburyseminary.edu> and click on the **flashing cube** (upper right corner) to access a link to the Canvas website. Once you have logged in, it is recommended that you bookmark this page for easy access. The courses that you are enrolled in should appear as “course cards” on your Dashboard. You may navigate to your desired course here. If you do not see your course, or there is nothing in your course, please contact your professor.

COURSE EVALUATIONS

Course evaluations are a vital part of Asbury Seminary’s efforts to achieve excellence in the classroom. At the end of the semester, you will receive an email with information and directions for completing course evaluations. Your responses are completely anonymous, and your participation is greatly appreciated. If you have questions or encounter problems accessing the evaluations, contact the Help Desk at helpdesk@asburyseminary.edu or by phone at 859.858.2100 or toll-free at 800.2ASBURY.

TECHNOLOGY REQUIREMENTS & SUPPORT

To take an online or hybrid class, you should be comfortable using e-mail, web browsers, word-processing software and be able to download files and create attachments. You will need the following in order to participate online:

- A computer with Windows 7 or MAC OS 10.6 or above

- An account with or regular access to an internet service provider (ISP)
- Reliable, high-speed internet (recommended)
- Word processing software
- A webcam (built-in or external) for video conferences, as needed
- A headset with microphone (preferable)

Contact the Help Desk for technical assistance accessing the online class, using electronic resources, or with other technical issues related to Asbury Seminary coursework.

- Email: helpdesk@asburyseminary.edu
- Phone: 859.858.2100 or 800.2ASBURY (toll free)

LIBRARY RESOURCES

Library resources, research support, and library loan are available via:

- Website: asbury.to/library
- Email: helpdesk@asburyseminary.edu
- Phone: 859.858.2100 or 800.2ASBURY (toll free)

Materials Requests

Use the links on the library website to search the library catalog for available materials. Students on the Kentucky or Florida campuses can use their student ID cards to check out materials in person. Books can be returned or mailed to the library at either the Kentucky or Florida campus.

Students may request books, photocopies, or emailed attachments of journal articles or portions of reference books from the library. Allow 3-10 business days for requests to be filled. Contact the library for costs and instructions on how to make requests, or view the online tutorial at guides.asburyseminary.edu/libraryloan.

Online Resources

- Asbury Scholar – Find library books, ebooks, journal articles, and other media at asbury.to/library.
- Databases – Access links to online resources including the library catalog, online journal databases, encyclopedias, and more at guides.asburyseminary.edu/az.php.

Research Assistance

Students should contact Research Services in the library for research assistance. Help is available for general research questions, including how to find course materials online or navigate library resources. Training for supported Bible software or bibliographic management software is also available. Appointments can be made via:

- Website: asbury.to/library
- Email: helpdesk@asburyseminary.edu
- Phone: 859.858.2100 or 800.2ASBURY (toll free)

The Writing Center

- The goal of the Writing Center is to help students improve their graduate-level writing. Assistance is available both online and on the Kentucky campus to help with various aspects of the writing process, including structure and organization, grammar, punctuation, and citation formatting. Appointments can be made by contacting the library via:
 - Website: asbury.to/writingcenter
 - Email: helpdesk@asburyseminary.edu
 - Phone: 859.858.2100 or 800.2ASBURY (toll free)
- Students can sign up for 30-minute sessions on the library website at asbury.to/library.

POLICIES

Each student is responsible for being familiar with seminary policies. Asbury Seminary reserves the right to change policies when necessary. Below are brief descriptions of a few seminary policies. For more detailed information regarding school policies, please refer to the ATS Student Handbook at asburyseminary.edu/students/student-services/student-handbook/

Disability Accommodations

Asbury Theological Seminary provides reasonable accommodation on an individualized basis for qualified students with disabilities. Students are required to provide documentation of a disability prior to receiving classroom accommodations. Since accommodations may require early planning before or at the start of the term and are generally not provided retroactively, students need to contact an Accommodations Officer as soon as possible. If you are a student with a disability and believe you require reasonable accommodations in this class, you will need to make an appointment with an Accommodations Officer in the Office of the Registrar on the Kentucky campus or in the Enrollment Management Office on the Florida campus. Students attending the Tennessee site should contact the Kentucky Registrar.

Academic Integrity

Academic integrity is expected of every student. Plagiarism, that is, “presenting ... another’s ideas or writings as one’s own,” is considered a serious violation of integrity and is unacceptable. Detailed information, including the penalty for plagiarizing, is in the Student Handbook. For additional information about plagiarism, go to plagiarism.org.

In this course we may utilize Unicheck, an automated system that compares students’

assignments with websites as well as a database of previously submitted student work. After the assignment is processed, instructors receive a report from unichack.com (through SpeedGrader™) that states if and how another person's work was used in the assignment. For more information, see www.unichack.com. If you have questions about academic honesty, please contact the library at helpdesk@asburyseminary.edu.

Copyright Information

The copyright law of the United States (title 17, United States Code) governs the making of photocopies or other reproductions of copyrighted material. Under certain conditions specified in the law, libraries and archives are authorized to furnish a photocopy or other reproduction. One of these specific conditions is that the photocopy or reproduction is not to be "used for any purpose other than private study, scholarship, or research." If a user makes a request for, or later uses, a photocopy or reproduction for purposes in excess of "fair use," that user may be liable for copyright infringement. This institution reserves the right to refuse to accept a copying order if, in its judgment, fulfillment of the order would involve violation of copyright law.

By using online media resources, students are consenting to abide by this copyright policy. Any duplication, reproduction, or modification of this material without express written consent from Asbury Theological Seminary and/or the original publisher is strictly prohibited.

ZOOM

Courses may use Zoom for synchronous online instruction. These sessions may be recorded by the professor and posted into the Canvas classroom. The recorded sessions will not be downloadable, and will not be used by the professor in future classes unless there is documented permission from all of the students in the recording. Chat rooms in a Zoom call are recorded and discretion should be exercised when using the chat feature, including in private rooms.

Video recordings may be considered educational records under the Family Education Rights & Privacy Act (FERPA) and will be protected as such by the Seminary. Zoom collects only minimal client information and ensures that information is kept secure (<https://zoom.us/docs/doc/FERPA%20Guide.pdf>).

Requests for accessibility accommodations related to Zoom will be dealt with on a case-by-case basis as described above under Disability Accommodations.

APPENDIX

N/A